

THE HEBREW ACADEMY TIMES

***“The HAT”***

**SPECIAL SPORTS  
EDITION**

*A Newspaper FOR THE PEOPLE, BY THE PEOPLE of  
Hebrew Academy of Tampa Bay*

***We ROAR with LION PRIDE!!!***



***Written & Published by:***

***Chana Lipszyc***

***Maya Sasser***

***Naomi Mendelson***

***Daniel Mendelson***

***Arik Yarmush***

***Nosson Rubashkin***

***Tzvi Dubrowski***

***Sholom Rubashkin***

***Dov Yarmush***

***Emet Howitt-Vallone***

***Moshe Chaim Dubrowski***

# Figure Skating

## By Chana Lipszyc



Before I learned about Figure Skating I thought about what I already knew. I knew it's like dancing on ice, sometimes with two people (usually a boy and girl) and

sometimes it's just one skater. I like watching skating events, and it's exciting when the skaters fall. But when they fall, they look embarrassed, and then they stand up and act like nothing happened. They are skating on the ice, but it's not like hockey. With figure skating, you are always surprised by twirls and spins you didn't know were coming. With hockey, we all know the skaters are going to try to get to the other side and score a goal. Hockey is full of whistle blowing, loud music, fighting, slamming into walls, and screaming fans making lots of noise. Figure skating looks like dancing on ice. There's no loud noises, the music is peaceful, and no one is angry because they are busy twirling!

I wanted to learn more about Figure Skating, so I did some research. I thought that these facts were very interesting, so now I will share them with you....

1. Figure Skating is considered an Art and a sport.
2. People skate around on ice doing all sorts of jumps and spins.
3. Figure Skating is done at the Winter Olympics.
4. The name means to make figures or patterns on ice.
5. The Figure Skating Club was started in 1742 in Edinburgh, Scotland.



During Sefirat Haomer (the counting of the Omer), it is tradition to not listen to live instrumental music, but acapella is okay. I thought that was interesting because it's the opposite with figure skating. In figure skating, there can only be music playing with NO singing.

Since the Olympics games began, the United states have won the most figure skating medals: 15 gold medals and 48 medals total!



The youngest male figure skater to ever EVER win the gold medal was Scott Allen, who won gold in 1964 at age 14. An American man, Jackson Haines, was the first to incorporate ballet and dance into movements, and this is considered the founder of Figure Skating.

Ice skating started over 3,000 years ago. It was introduced to the United Kingdom in the 1600s. There aren't a lot of rules for figure skating, but they are hard ones! Most figure skating rules are about performance. The skaters MUST be graceful. They need to keep their heads up. They can't look down! That must be hard! Their arms must flow gracefully and they also can't clench their fists or wobble on the ice.

I'm not good at ice skating, I don't take lessons because at some point I wouldn't be able to perform because their uniforms aren't very tznius (modest). But I still want to watch the professional skaters perform, especially during the Olympics.

# Big Facts about Monster trucks

By Sholom Rubashkin

Did you know that monster trucks crush cars?!

Monster trucks are big pickup trucks with really BIG wheels. Monster truck shows usually involve crushing cars. Every year about 3,000 cars get crushed during shows. Bob Chandler built the first ever monster truck in the 1970s. He added bigger tires and larger axles to his pickup truck, which made it the first monster truck in the world.



Monster trucks are usually around 12 feet tall. Before

shows, they make the tracks for drivers to use. Monster trucks are built for strength. The people in the monster trucks get good air when they are navigating a well built track. They can jump very high, over 200 feet (60.96 meters)!



The biggest monster Truck ever built is Big Foot Five.



The Big Foot Five is 4.7 meters tall, and 6.22 meters wide, other trucks are 3.2 meters tall and 3.5 meters wide and 5 meters long. The Big Foot Five weighs 38,000 pounds.

In some shows the monster trucks do something called a donut, where they spin around in circles on the spot. The first monster truck ever to flip was in the Monster Jam World Finals on March 25, 2017. The Grave Digger is the most popular monster truck in the world. Grave Digger is different shaped; it is not a pickup truck.

In Monster Truck games the Monster Trucks either race or do stunts like crush cars. There are usually five judges in a Monster Truck race.

I think monster trucks use incredible technology, and are huge! I would like to go a Monster Truck show one day. They look cool.

## The Reliable Rays of Booming Baseball

By Dovid Yarmush

The pitch comes; it's a high fly ball to left field. The left fielder is going back to the wall, he jumps... I will tell you the end at the end of the article.

In this article I will be talking about Baseball/long games and a specific team in baseball, the Rays. What is Baseball? And how do you play it? Baseball is a sport played with two teams. Each team has nine players on the field. One team throws the ball and hits with a bat. Teams score points by running and touching padded plates on the field called bases, until they reach the last one called home plate.



### Interesting Facts about Baseball

The World's oldest Baseball Stadium is Fenway Park, it is the field of the Boston Red Sox, and was opened in 1912. The Baseball Field is called the "diamond" because of the shape of the infield. The rarest thing in baseball is an unassisted triple play, where a single fielder completes all three outs. There have only been 15 of them in MLB history, making them more rare than a perfect game (there are no Hits: singles, doubles, triples, or walks).

In Baseball there is someone called an umpire. The umpires are what the referees are just in Baseball. Baseball started in the United States in the 1700s and 1800s. But historians are not sure who invented it. Each team has a uniform. The best record in MLB 162 games is The Mariners have the record for the most wins in a 162-game season with 116 victories in 2001.





We covered one thing: Baseball; now we're going to move on to my next topic: Long Games. The longest game in Major League history went on for a whopping 26 innings! The game between the Brooklyn Robins vs the Boston Braves, on May 1, 1920, took almost four hours! Today, we know the Robins by a different name – the Los Angeles Dodgers.

Let's move on to the Rays. The Rays have the best record this year and as of May 18, 2023 They have a whopping record 32 wins and 12 losses giving them the best record in MLB 2023. They are doing really good with their star players: Brandon Lowe, (2B), Wander Franco, (SS), Shane Bieber, (LHP), Jason Adam/Pete Fairbanks, (RHPs), Jeffrey Springs, (LHP), Randy Arozarena, (LF), Zach Eflin, (RHP), and Josh Lowe, (OF.). Did you know that the Rays tied for the best record in MLB with the most wins in the beginning of a season?! The Rays have never won a World Series but they actually might win this year.



What is Your favorite team and why?

I took a survey in my class asking that question, Daniel, Arik, Sholom, Naomi, Moshe Chaim, and Nosson all root for their hometeam the Tampa Bay Rays.

Tzvi said his favorite team is the Yankees because they are good and two of their people are in his communities.

Ms Katy said that it is the Red Sox because she is not allowed to like any other team because of family traditions and loyalty to her team.

I hope you learned a lot about Baseball. If you want to learn more about other types of sports be sure to read all the other articles in this edition of the Hat.

In case you're wondering what happened after the fielder jumped, Randy Arozarena made the catch and he steals a Home Run!!!!!!!!!!!!!! The Rays won the game.

# Surfing

By Naomi M.



A surfboard is a board you stand on in the water moves.

Surfing was a central part of ancient

Ponynesian culture for hundreds of years. It

started when Ponynesians brought surfing to Hawaii.

Every one surfed: men woman kids and even kings.

The Guinness World Record for the most people on a surfboard is 66; the surfboard measured 42 feet on June 20, 2015 in Huntington Beach, California.



Bethany Hamilton in an American professional surfer and a writer. She survived a 2003 shark attack in which she lost her right arm When it got bit off and she still surfs to this day!

Surfing is a sport that you do in the ocean or sea. Most professionals go to surf school or surf camp for beginners. Beginners use softboards because it is safer, and thay have more paddling speed and stability than shorter boards. Due to the softness of the board, the chance of getting injured is very low.



The best way to learn is one-on-one, but it can also be done in a group of learners. Most popular surf places are for beginners.

Surfing uses many skills like: Paddling strength, positioning to catch the wave, timing, and balance; it also requires mastery of techniques to break through oncoming waves. The surfer must be able to pop up quickly (so as soon as the wave starts pushing the board forward).



You can surf using a form of longboards, called standing up paddle boards (SUPs), bodyboards, wave skis, skimboards, kneeboards, surf mats

and macca's trays.

Other type of equipment is, a leash (to stop the board from floating away or hitting a surfer when he falls off his board), surf wax (to keep your feet from falling of the board), and fins (also known as skegs) which can either be permanently attached (glassed-on) or interchangeable.

An Australian Kelpie set Guinness world record for the longest wave surfed by a dog. She was named Abbie Girl and it happened on August, 9, 2022.

Now that I know that surfing is that hard, I dont think I want to learn how to do it but I still think it's fun to watch!

# Jiggy Javelin

By Arik Yarmush

The farthest throw in Javelin was made by Jan Železný and it was thrown 323 feet!

The basics of Javelin is to throw as far as you can.

One of the reasons why I picked this sport is because I never knew about it. Another reason why is because all I knew is that you have to throw a spear looking object, I badly wanted to know where you try to throw it? Is it at a target or is it as far as you can throw, and if yes how far is the farthest. When I learned more I figured out the answer. You don't throw for a target, rather you have 6 to 8 tries to throw as far as you can, and the farthest is 323 feet.

Back in the day, over 3000 years ago this spear looking object used to be a long range weapon for soldiers and even used as a weapon for hunting! It only was a game in the year 500 BC when the Greeks introduced the sport Javelin which is a much lighter spear. When it was first introduced you held a leather strap instead of the Javelin itself and when you threw it the strap would unstrap and make the Javelin spin a spiral like in football. In 1906, it became an Olympic sport, but then it had less stricter rules. In 1912, stricter rules were applied.



Now there were problems, some players “shot” the Javelin so far risking hitting the crowds. Another problem was when the officials made the rule that the point of the Javelin had to hit the ground first since the javelin kept on hitting flat on the ground, this led to heated protest. This makes it clear why the design of the Javelin had to change. The definition of the sport of Javelin is you have to throw a Javelin (a spear looking object which is hollow and aluminum metal) as far as you can and the farthest legal throw is counted and the winner is the person who threw the longest legal throw. In order for it to be legal the tip of the Javelin has to hit the ground first.

This year Neeraj Chopra, from India won with a throw of 88.67 meters, but the world record is 98.48. Did you know that the run up speed of a



player is 12 MPH and the speed of the Javelin when it leaves the player is 62 MPH that's faster than a Pronghorn Antelope.

Learning about this sport was fun and interesting. think you should try it because as far as I knew I always liked throwing a “spear” like that and seeing how far it could go but I never got to.

# GYMNASTICS

By Maya Sasser



When I first got the Sports assignment, I thought I wanted to write about ice skating. I like to ice skate and have been practicing for a while but. I **decided** I wanted to learn something new, and besides, my friend Chana wanted to write about ice skating! So I chose to write about Gymnastics. I don't have much experience doing gymnastics, but I like to try handstands and cartwheels. My favorite gymnastics events are floor routines. I really like watching the gymnasts do flips.

Now I will share some facts I learned about gymnastics:

1. In the old times Greek boys prepared for war by doing gymnastics.
2. Did you know that women were not allowed to participate in Gymnastic events until the 1920s?
3. Most professional gymnasts begin training as early as two years old!
4. There are six events that men compete in during the summer Olympic Games.
5. Women compete in four events: Vault , the uneven bars, the balance beam and floor exercise.



## THERE'S NO MORE PERFECT 10 IN GYMNASTICS!!!

Nadia Comanci scored the first perfect 10 and this made her a legend! And set the bar all Gymnasts hope to achieve. This changed in 2006 when a two-part system for scoring was introduced. The first score is the difficult score is called the...A score. The B score is the execution score and is awarded based on performance of the skills. The A score counts points for difficulty and can be changed when the gymnast doesn't properly perform skills. The B score is where the judges rate the quality.

## MARY LOU RETTON

Mary Lou Retton was the first American to win the all-around gold medal at the Olympics. Though she had a knee operation just five weeks before the 1984 summer Olympics, Retton recovered enough to compete. Mary



Lou took home the all-around gold by a margin of 0.05 points; it was a close call. Mary Lou also took home four more medals: the silver team medal, silver on the vault and two bronzes for the uneven bars and the floor exercise. The Soviet Union holds the record with 184 Olympic Medals in gymnastics. The United States has the second most Olympic medals in gymnastics, with 101. Judging for floor exercise counts points. Gymnastics get scores based on variety and level of dance steps, use of the entire floor, artistry and even their facial expressions. They are required to do certain moves like a 180° twist. No routine can last longer than 1 minute 30 seconds.

I think gymnastics sounds like lots of fun. I'd like to take lessons one day.

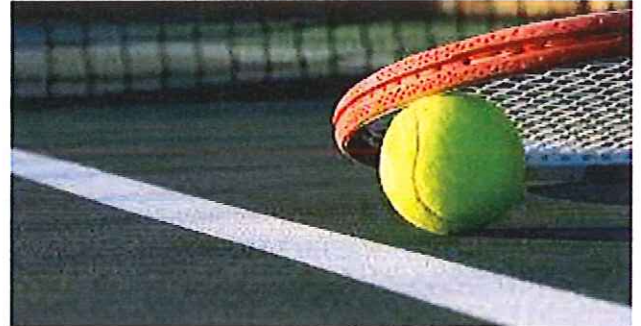


# Tender Tennis

## By Nosson Rubashkin

"I have two lives, and all the problems I might have, I feel like I drop them once I step on to the match court." -Roger Federer

**Facts on the field:** Tennis can be played on multiple types of fields including clay, concrete, and grass. It is played on a rectangular flat surface. The court is seventy-eight feet long and 27 feet wide. The net is three to four feet high and the posts are three feet high.



**Tennis history:** Rackets were used since the 16th century. Metal racket frames were introduced in the 1960's. The first Tennis club was founded in Birmingham, England in 1872. Games similar to Tennis have been around for hundreds of years. Lawn Tennis quickly became popular, with the first Wimbledon championship taking place in 1877. American player Jimmy Connors won 1,337 tennis matches between 1972 and 1993, more than any player in modern times.

### Random facts about Tennis:

- The longest Tennis match took eleven hours and five minutes. It was played by John Isner and Nicolas Mahut.
- Tennis can be played by wheelchair users.
- Don Budge is the only male player in tennis history to have won six consecutive Grand Slam singles titles from Wimbledon in 1937 to the US Open in 1938.
- The fastest serve is 163 miles an hour by Australian Sam Groth.
- The game of Tennis became an indirect reason for the death of King James the first of Scotland in 1437. When the drain outlet (which he hoped to escape assassins) had been blocked to prevent the loss of Tennis balls. King James was trapped and killed.
- The weight of a tennis ball must be between 56 and 59.4 grams.
- The permissible size of a tennis racket is 29 inches.
- The shortest tennis match was 20 minutes. Played between Susan Tut and Marion Bandy in 1969.



## Interesting Tennis laws you might not know:

- If an additional ball enters the court during a point, the point gets replayed.
- If a player catches the ball during a point before it bounces, they forfeit the point.
- The receiving team can stand anywhere on the court, besides the service box.
- If during a point in a double player match (2 vs 2) someone communicates to his teammate loudly, they forfeit the point.
- If the server swings during a toss and misses the ball, it is considered a fault.



## My perspective on tennis:

My brothers and I love Tennis. It is actually my favorite sport. So, whenever possible my father brings us to a tennis court near our house and we practice. The

teams are usually my younger brother Sholom and me vs my father and my younger brother Uziel. Most days we play for about 45-60 minutes. I really like tennis because it is not very complicated to learn and after a few games you get the hang of it. I also like hitting the ball with the racket back and forth. It's not the type of game where you get tired right away or hot and it's a lot of exercise.

## Quotes about tennis from my friends and family:

I asked my friends what they think about tennis and why:

"Fun, because I like it." -Sholom

"It's a great game." -My father (Rabbi Mendel)

"It's a fun sport, because it's not so competitive and one way to play is one vs one." -Arik

"It's fun, (shrugs)" -Dovid

"I like it, but it's hard to hit the ball and sometimes I tear my pants." -Daniel

"It's very good exercise, because you move around alot." -Tzvi

"It's bad, because." -Emet

"It's better to watch them in person than on television, because you don't have the same atmosphere as watching live in person." -Ms. Katy



# BOUNCY BASKETBALL

BY: TZVI DUBROWSKI

The Los Angeles Lakers and the Boston Celtics are tied for the teams with the most trophies.

Basketball is a game of two teams, most times of five players. They play on a sort of rectangular court. The goal of basketball is to throw the ball into the hoop. The hoop is put high on a backboard. Each team's hoop is on the other side of the court. You also have to block the other team from getting points on your side.

Basketball was invented by James Naismith in 1891. The first public basketball game ever played was in 1892. These days it has changed a lot and now it is a worldwide sport. Basketball players should have the skills of dribbling, shooting, running, and jumping. A basketball game is four quarters and whoever has the most points wins. If at the end both teams have the same amount of points, it goes into overtime. Overtime is extra playtime for one of the teams to score and win.



There are leagues for men and women. Basketball has been included in the Olympics since 1936. The shot clock rule was made in 1954.

In December 1891 James Naismith, a Canadian physical education teacher at Springfield College in Springfield, Massachusetts, invented an indoor game called basketball.



James Naismith made basketball so his students wouldn't become bored in the winter because you could play inside.

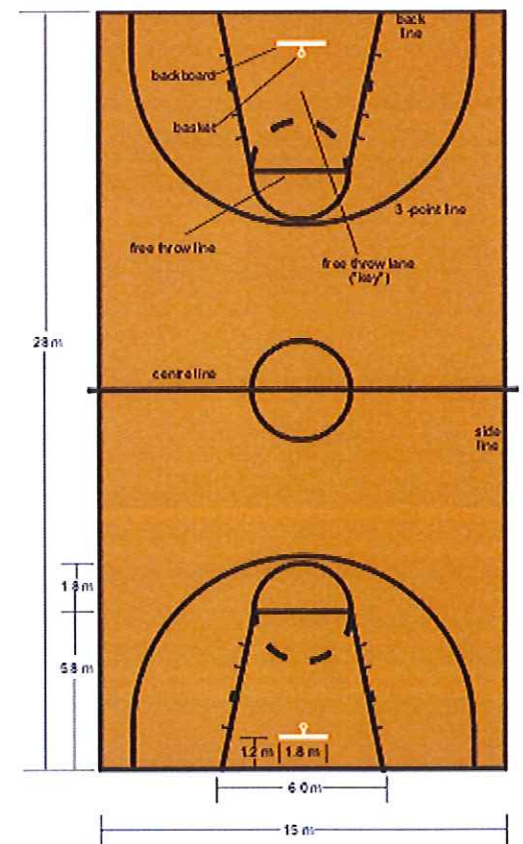
The first game of basketball was played in the YMCA (Young Men's Christian Association) in Springfield, Massachusetts. There is a sculpture in Springfield right outside the place where the first basketball game was held. The Naismith Memorial Basketball Hall of Fame is also in Springfield.

At that first game in 1891, Naismith nailed two half bushel peach baskets onto 20 foot poles and that is how the sport got its name. Then he told the enthusiastic students the rules and then they began the game. After a lot of tiring shooting, running and dribbling, William R. Chase shot a midcourt shot and made it in, and that was the only score in the game. The word spread about this newly invented game and many organizations were making copies of the rules that Naismith wrote.

They were published in the January 15, 1892, issue of the triangle, the YMCA training school campus paper. Since the rules were not formally written, there was no maximum number of players then, unlike today. This also meant that there were no set rules; Naismith only observed how it was played and made rules based off of that.

A basketball court is rectangular and at both ends of the court there is a hoop where you shoot with the ball. In each game of basketball you need three things:

1. Basketball
2. Basketball court
3. Basketball hoop with backboard





The amount of players on the bench differs between the different types of leagues. A Basketball game is made up of four quarters each ten (or NBA, 12) minutes long. In each game it alternates for who gets the ball at the start of each quarter. Baskets can be worth 1, 2 and 3 points. Each normal shot is worth 2 points. But if they shoot from behind the arched line they get 3 points. You are not allowed to walk more than two steps with the ball if you do it is called a travel. If you do something illegal in the game it is called a foul. If you foul someone when they are shooting a 2 pointer then they get 2 free throws. But if you foul someone while they shoot a 3 pointer then they get 3 free throws.



In basketball there are officials who aren't on any team they are:

- **Umpire:** there are 1-5 umpires in a game. The umpire's job is to enforce rules to make the game more fair
  - **Referee:** A referee has the same responsibility as an umpire and has a few more. He makes the final decision when there is a argument, He is also the one who throws up the ball at the beginning of the game
  - **Timekeeper:** There is one timekeeper who keeps track of the time
  - **Scorekeeper:** there is one scorekeeper who keeps track of the score timeouts and fouls
- There are two more that i will just say and not explain, They are an assistant scorekeeper and shot clock operator.

I think basketball is so fun because it is not very hard to play and it is an easy game to play inside. You don't need a lot of skill to shoot a basket.



# Soccer

By Emet Howitt Vallone

Soccer is one of the oldest sports in history. find out when soccer started in this paper. Soccer is known to most of the world as football. Soccer is one of the oldest sports in history dating back to 206 B.C. There were accounts of Chinese soldiers playing "Tsu'Chu" which in English means "kicking the ball", to add to their training regiments during the Han Dynasty. While many other ancient cultures played games involving a ball, Tsu'chu was the first to not allow hands. The particular style of playing a game with a ball centered around one's feet started to grow in popularity across the world.

The equipment we use today is very different back when people first started playing. Soccer then used to make the goal that used a net attached to bamboo poles and was elevated 30 feet in the air. Now the goals we use today are on the ground and are usually made from steel or aluminum and are 8 feet tall and 24 feet wide.



My favorite soccer team is Argentina. They won the World Cup in 2022 (which is last year) thanks to Messi's great penalty kicks and the whole team contributing to beat France in the finals. Lionel Messi is Argentina's top goal scorer. He currently has 102, with Gabriel Batistuta coming in second place with 56. The current record for most goals in a career is by Cristiano Ronaldo with 836 goals. Messi is close behind with 806 goals, then in 3rd is Pele with 762 goals.



In conclusion, soccer or football is a very old and fun sport. Soccer can be fun to watch when your team scores or the penalty kicks. Also it's fun to see sports in person rather than on TV.



# Not Just A Bunch of Guys Getting Together With Their Fast Cars

By Daniel Menderson

Before I wrote this article, all I knew about Formula 1 was that a bunch of cars were going around a track very fast.

The first world championship race took place at Silverstone Circuit in the United Kingdom on May 13, 1950. Back then, cars could only go 104 MPH. Now Formula 1 cars can reach speeds of 220 MPH. In the 1980s and early 1990s there were as many as 39 cars in the race, this was very dangerous so they changed it to 20 cars in a race.

In every race, drivers have to stop for a pit stop to change all the tires on their car. It takes two to three seconds and the quickest pit stop was 1.82 seconds! Teams are not allowed to refuel their cars during a race. In the past, teams were allowed. At a pit stop, a team can decide what type of tire they should use. There are three types of tires, that have different purposes:

1. Go faster but more pit stops
2. A little less pit stop but a little slower.
3. Slowest but very little pit stops

Teams can have as many as 600 people. Teams consist of drivers (2 per team), test drivers, team principal, mechanics engineers and designers. The winning team is awarded with a trophy with the names of every F1 winner alongside their name.

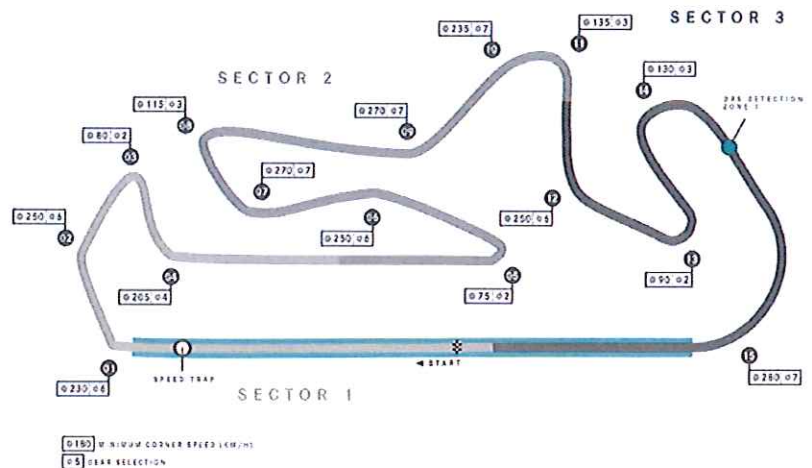
Formula 1 races are typically held on weekends. The Friday before the race there are two practice sessions. On the Saturday before the race, there is a sprint event to determine the drivers line up on the starting grid for the real race. Points are given out to the top eight qualifiers. The fastest Qualifier stars



at pole Position (front). Then on Sunday is the real race. In a race the driver experiences cornering forces of 5 G (equal to what a fighter jet pilot experiences)! Each team has a maximum amount of 26 points in a weekend.

On Sunday, points are given out as shown below:

- 1st place 25 Points
- 2nd place 18 Points
- 3rd place 15 Points
- 4th place 12 Points
- 5th place 10 Points
- 6th place 8 Points
- 7th place 6 Points
- 8th place 4 Points
- 9th place 2 Points
- 10th place 1 Point

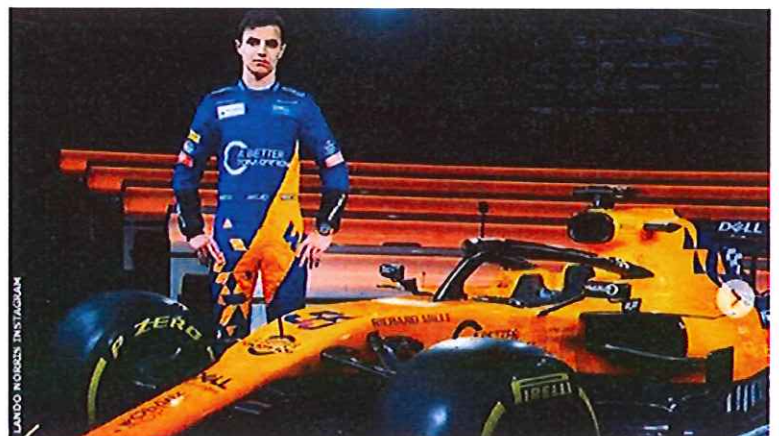


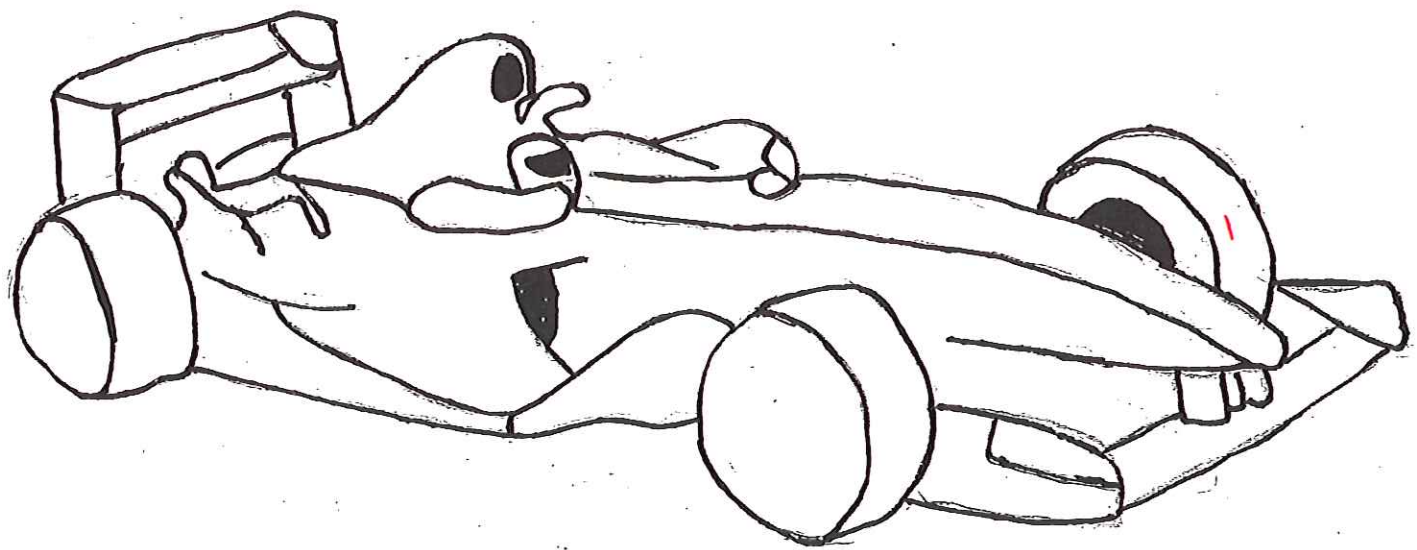
If you have seen an F1

race, you may have seen a car going directly behind another, then going around and passing. This is because of a slipstream. A slipstream is the area behind an F1 car, when the car "cuts a hole in the air". When another car positions himself directly behind a different car, he is able to go faster and go around.

Drivers' helmets can be driven over with a truck and nothing would happen to the drivers. Drivers wear 4 layers of flameproof overalls. They're made of fire resistant material called Nomex. Formula 1 cars are made of carbon fiber, because it is light and strong. Because of this, the cars are very expensive to build and repair.

My favorite team is McLaren, with my favorite driver being Lando Norris. He drives a car that is worth \$346,266.20! He's a new driver for McLaren joining the team in 2019.





DM



# Football

By Moshe Chaim Dubrowski

My favorite sport is football, because I like active and rough sports. In football there's lots of running and tackling. I root for the Dallas Cowboys because my Tatty (father) is a fan. I like watching the games with him. He's lots of fun to watch games with, especially when they score or make a big play because he gets so excited!



Football is a game where two teams play against each other - offense vs defense. The offense has the ball and tries to score, and the defense tries to stop them from scoring.

## What is the scoring system?

6 points - full touchdown

1 point - extra point after touchdown

2 points - if the offense goes for a run to convert the ball (instead of going for just 1 point)

3 points - field goal

2 points - safety (defense) tackling the offense in their own end zone

## How Many Players?

Each team can have 52 players on their roster. The amount of players allowed on the field at one time is 11.

## What are the Positions?

### ***Offense***

- Lineman - helps protect the quarterback
- Quarterback - usually the team leader, in charge of throwing the ball to the receivers
- Running Back - will get the ball if the team chooses to run the ball instead of throwing it; also eligible as a receiver
- Receivers - they run routes and try to fool the defense, the quarterback tries to throw the ball to them

### ***Defense***

- Lineman - tries to "tackle" the opposing quarterback
- Linebackers - usually capable of helping the defense on a running play, these are the typical big and strong players
- Defensive Backs - They are called safeties and/or cornerbacks, they line up with receivers to block passes. If they can catch the ball it's called an interception.

### ***Special Teams***

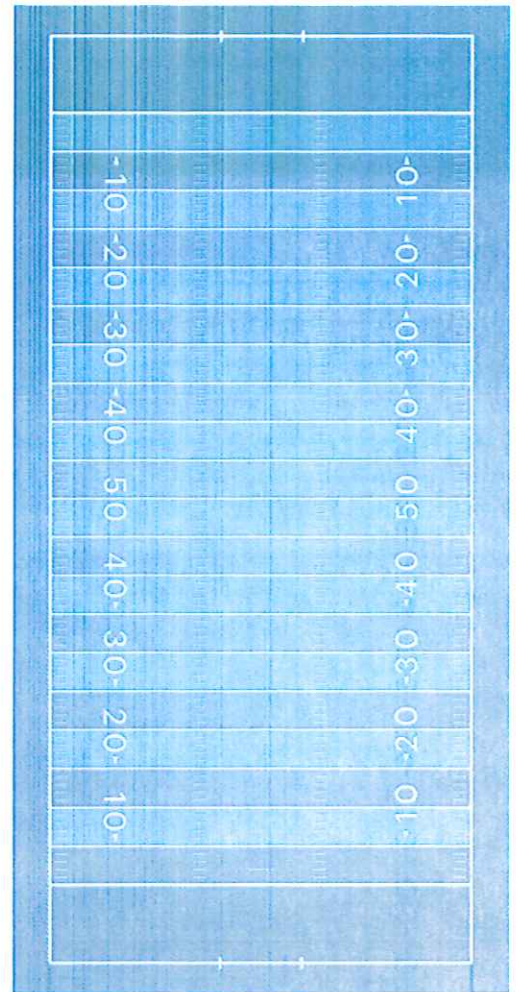
- Kickers - they punt the ball when the offense is stopped, they kick the ball off to the other team
- Snappers - they toss the ball to the quarterback or to the holder so he can hold the ball for the kicker
- Returners - they catch and return the ball to try to get a touchdown
- Tacklers - these players are "gunners" they run down to try to tackle the returners

There are currently 32 teams in the National Football league. They are split into two conferences, the NFC and the AFC. In both conferences, there are four divisions made up of four teams in each division. As of 2023, each team plays seventeen games and has one week off called a bye week. The top 7 teams from each conference get to go to the Playoffs, with the top team in each conference getting a bye the first week. The Playoffs are single-elimination. The final two teams meet up in the Super Bowl.



## Football Facts

1. A football field is 100 yards long. There are stripes that cross the field, showing 10 yards. There are hash marks between the stripes so the players know where to place the ball at the start of each "down."
2. Helmets became a required part of the uniform in 1943.
3. In the 2011 Super Bowl, a 30 second commercial cost advertisers 3 MILLION DOLLARS!
4. The first African American quarterback played for the Chicago Bears in 1953. His name was Willie Thrower.
5. The Chicago Bears had six tied games in 1932.
6. More than 100 million people typically watch the Super Bowl every year. They eat around 28,000 pounds of chips!



## **Dallas Cowboys**

The Dallas Cowboys Is worth over 5 billion and is the most Valuable franchise in all of sports. They joined the NFL in 1960.

The Dallas Cowboys are a professional American football team from the Dallas, Texas, USA area. Their stadium, AT&T Stadium is in Arlington ,Texas, which is just outside of Dallas County, Texas before 1971 they played at the Cotton Bowl Stadium. They have won five Super Bowls; and they are currently owned by Jerry Jones. Their uniform is white, silver, and blue, with a blue star on their helmet. The team's current starting quarterback is Dak Prescott, with Cooper Rush as their second string. Their head coach is Mike McCarthy.

Even though I like the Cowboys, I really like the Buccaneers too. I would like to go to a Cowboys game, but I've been to a Bucs game before. They won't play each other in the season because the Cowboys are in the NFC East and the Bucs are in the NFC South. But maybe they will meet in the Playoffs. The last time they played each other was in January 2023, when the Cowboys beat the Bucs in the Wild Card game, 31-14.



# All About Me!!!

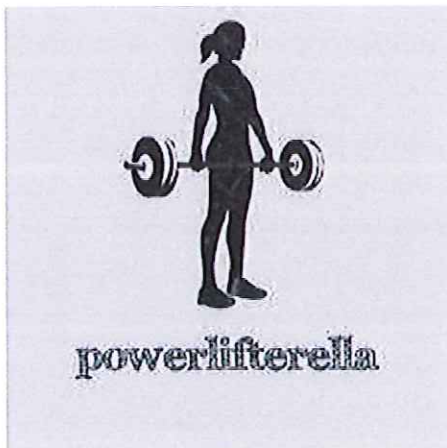
## By Abby

Hi my name is Abby. My favorite food is chocolate and my favorite song is "Before You Go". Naomi Mendelson is my BFF. She is a big reason that I might go here, to Hebrew Academy of Tampa next year. If you have questions about me, ask Naomi, she said it was ok!

Right now, I go to a public school. I am a Patrol there. I take care of people on the bus. So you know, like telling them to "sit down" and to "be quiet." We don't like having a silent bus ride where there is no talking, so my job is to remind them to quiet down.



Most of you are from here in Florida which is ok, but I was born in Israel. I moved to America when I was five years old. I was really young when I moved, but I remember some stuff, it is VERY different over there. The food is more natural. And the animals are healthier. To know more about your ancestor's home and your origin is cool.



I live in Lutz and participate in two sports, POWERLIFTING and Taekwondo. I can deadlift 146 lb and squat 110. I remember when I was happy with a deadlift of 60 lb but now I can do over twice that amount. They can do so much, some like my dad can do over 650 LB which is a lot! And to do that much at 11 years is really good. I started when I was 8 years old and from there I grew and grew.



Congratulations to each of the UE boys' classes!  
One group finished their second parsha in Chumash class, and the other group completed their fourth chapter of Mishna in Mishna class!

Here are the students' favorite subjects that they learned so far:

Nosson: Yaakov escaping from Lavan's house, and Lavan chasing after him.

Tzvi: Rachel stealing Lavan's idol, the *trafim*.

Arik: Lavan chasing after Yaakov, and catching up to him in one day, from a six-day head-start!

Daniel: That an impure person (*keri*) can say Shma in the mikva, covered by water. And learning about the generations of the tannaim (rabbis in the Mishna); who can/cannot disagree.

Emet: The halachos of saying the Shma.

Dovid: The halachos of when to say Shma (like when you can see the difference between different colors of wool in the morning sun).

Moshe Chaim: The halachos of the times when to daven.

Sholom: The halachos of the times when to daven.